

**Caawi ka hortaga faafitaanka cudurada neef-mareenka sida COVID-19**

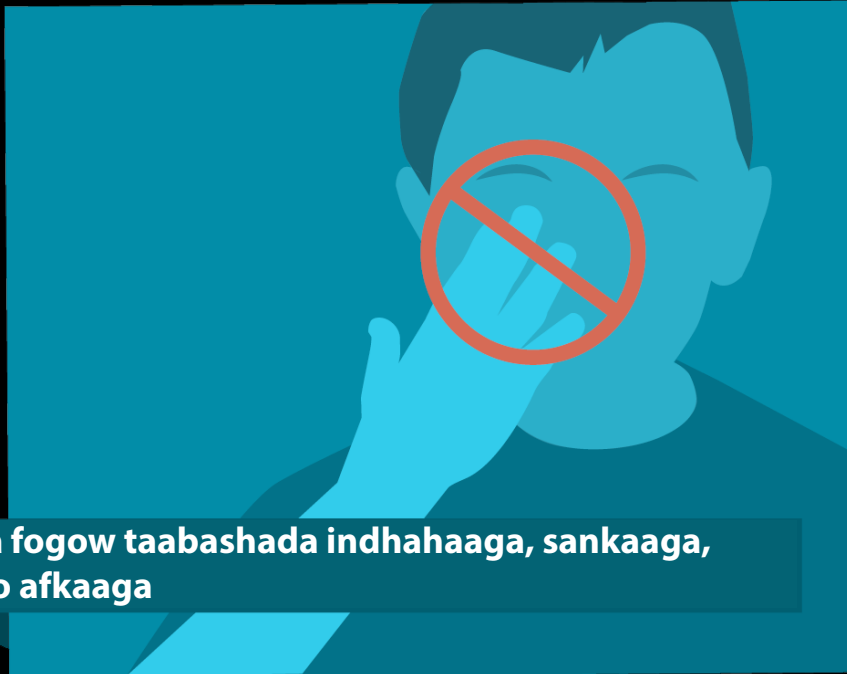
Ka fogow xiriir dhow inaad la yeelato dadka jiran



Ku dabool teesh marka qufacdid ama marka hindhistid, ka dibna ku tuur qashinka teeshka



Ka fogow taabashada indhahaaga, sankaa, iyo afkaaga



Iska nadiifi meelaha a dadka badan ay taabtan si joogto ah



Guriga joog marka aad jiran tahay, meelna ha aadin onaheen marka raabto inaad hesho daryeel caafimaad



Gacmahaaga ku dhaq saabuun iyo biyo ugu yaraan 20 iil biriqsi

